



Luveuphoria Marriage Exam

For each category listed below, write down the number of non-sexual contacts that you have has with your spouse in the past 7 days.

	Non-sexual Contact Inventory	Quantity
1.	Hugs	
2.	Back Rubs	
3.	Holding hands	
4.	Walks (not speed walking)	
5.	Foot massage	
6.	Body massage	
7.	Gentle touch to the face	
8.	Arm around body (Waist/Shoulder)	
9.	Hand on thigh or knee (Remember Non-sexual)	
10.	Dancing together	
11.	Napping in the same bed (or one sofa, close together on the floor, etc)	
12.	Caressing and stroking the body, over clothing or under clothes/without clothes on	
13.	Nuzzling	
14.	Scratching (Including those hard to reach places)	
15.	Biting	
16.	Playing with hair	
17.	Kissing the mouth (close-mouthed, no tongue)	
18.	Kissing the mouth (open-mouthed, with or without tongue)	
19.	Gentle touch on the shoulder	
20.	Sitting close enough that bodies touch	
21.	Arm around waist	
22.	Playful (Wanted) tickling	
23.	Cuddling, with clothes on	
24.	Cuddling, with clothes off (typically, with underwear still on)	
25.	Kissing the body (excluding the genital region and breasts)	
	Total	

Rating _____